

**For booking, please contact
your Home Care Case
Coordinator**

**Flin Flon Home Care
(204) 687-4870**

**The Pas Home Care
(204) 623-9650**

**Thompson Home Care
(204) 677-5350**



**NORTHERN
HEALTH REGION**

**LONG TERM
CARE**

RESPITE CARE

**Accessible,
respectful,
inclusive and
safe healthcare
for everyone.**

**50 Church Street
Flin Flon, MB
Phone (204) 687-9630**

**879 Thompson Drive
Thompson, MB
(204) 778-3805**

www.northernhealthregion.com

July 2024

1. What is Respite Care?

- Respite Care is a temporary admission to relieve caregivers.

2. Who is eligible for Respite Care?

- Any client who is eligible for Home Care or Personal Care Home placement.
- The client must be medically stable.
- The client must be willing to cooperate with a safe plan of care.

3. How do I obtain Respite Care?

- Contact your Home Care Case Coordinator to obtain an application and discuss plans.

4. How long can I stay?

- A maximum of two (2) weeks in a six (6) week period is allowed.

5. What services do I receive?

- Care and supervision as determined, based on the client's assessed care and supervision needs.

6. What activities are available?

- Recreation activities may include TV, bingo, music, exercise, arts and crafts, and much more.

7. What is the cost?

- The daily respite fee is a standard fee set by Manitoba Health that increases every August. Please contact your Home Care Case Coordinator for the current rate.

8. What do I need to bring?

- Wash and wear clothing (two to three (2-3) sets);
- Personal toiletries, razor, etc;
- Nightwear;
- Mobility aids, if necessary (cane, walker, wheelchair);
- Sturdy footwear with grip;
- Grippy socks;
- Books, DVDs, or other hobbies;
- Any favourite snacks; and
- A small amount of cash to purchase treats, if desired.

9. Is smoking allowed?

- No, smoking is not allowed on NRHA Northern health Region (NHR) property.

