

10. What do I need to bring?

- Seasonally appropriate wash and wear clothing that is easy to put on and take off (storage space is limited);
- Nightwear;
- Personal toiletries, razor, etc.;
- Sturdy footwear and socks with grip;
- Mobility aids, if necessary;
- Copies of favorite photos;
- Decorations;
- TV and wall mount, if desired;
- Vinyl lift chair, if desired;
- Mini fridge, if desired; and
- Fan (no air conditioners).

Please note that anything electrical must be inspected by maintenance before use. All items must be labeled.

11. Will someone take me to my appointments, on outings, or do my shopping?

LTC employees are unable to take residents to their appointments or on outings, do their shopping, or help them in or out of personal vehicles. Residents must make arrangements with friends or family or may hire a personal support worker.

12. How do I apply to Long Term Care?

The first step is meeting with a Home Care Case Coordinator to discuss your situation. To apply, please contact:

Flin Flon Home Care

204-687-9341

The Pas Home Care

204-623-9650

Thompson Home Care

204-677-5350

Be sure to have the following items available (if applicable)

- Notice of Assessment for applicant and spouse;
- Social Insurance Number;
- Health Card;
- Treaty Card;
- Veteran's Card;
- Birth Certificate;
- Marriage Certificate;
- Power of Attorney papers;
- Secondary Health Insurance info
- EIA and Disability information
- Current contact information for Next of Kin and for whoever is helping with finances.

July 2024



Long Term Care General Information

Northern Lights Manor
274 Bracken St.
Flin Flon, MB
204-687-4573

Northern Spirit Manor
879 Thompson Drive
Thompson, MB
204-778-3805

St. Paul's Residence
67 1st St. West
The Pas, MB
204-623-9226

Flin Flon Personal Care Home
50 Church Street
Flin Flon, MB
204-687-9630

1. What is Long Term Care?

Long Term Care (LTC) is designed to allow people with complex needs to live in a supportive environment as independently and safely as possible.

2. Who is eligible for LTC?

The applicant must be medically stable. If they have recently experienced an acute medical episode, they must have returned to their baseline before applying.

The applicant's needs must exceed the capability of Home Care.

3. What services do I receive?

Medical care, personal care, recreation, and supervision based on the resident's needs, as determined by their care team.

4. Is smoking allowed?

No, smoking is not allowed on Northern Health Region (NHR) property.

5. Who is part of a resident's care team?

A resident's care team may consist of the resident, family or advocate, manager, clinical resource nurses, Nurses, health care aides, rehab aides, social worker, occupational therapist, physiotherapist, dietitian, physician, and Indigenous Knowledge Keeper.

6. Am I allowed visitors?

Yes, visitors are encouraged, except during outbreaks. While there are no set visiting hours, visitors are encouraged between 9:00 a.m. and 9:00 p.m.

7. Are pets allowed?

Determining if bringing a pet is a suitable option depends on the type of pet, the care home and the residents' ability to care for the pet. Permission is at the discretion of the manager.



8. What is the cost?

The daily rate is based on the applicant's Notice of Assessment using a rate determined by Manitoba Health that increases every August.

<https://www.gov.mb.ca/health/pacs/guide.html>

- Rent is due the 1st of every month.
- Any medications not covered by the LTC program are invoiced to the resident.
- Residents are also responsible for the cost of cable tv and telephone as well as individual medical device items such as wheelchairs, walkers, commodes, fall mats, dietary aids, travel oxygen concentrators, pressure-reducing pads, slings etc.

9. What is a Trust Account?

LTC maintains a Trust Account for each resident through which items like hair cuts, medications, purchases for individual use, etc. are billed. Minimum \$50 is to be kept in that account at all times. Maximum amount is \$400.