

Breastfeeding Supports

Your Local Public Health Nurse

- 📞 Thompson Public Health 204-677-5350
- 📞 The Pas Public Health 204-623-9650
- 📞 Flin Flon Public Health 204-687-1350

La Leche League Manitoba Hotline

📞 (204) 272-0238

<https://www.llc.ca/information-parents>



International Breastfeeding Center

Dr. Jack Newman

<https://ibconline.ca/>



Breastfeeding 24 Hour Hotline

📞 204-788-8667

Health Links – Info Santé

Free bilingual phone-based program to speak with a registered nurse about non-emergency health concerns

📞 1-888-315-9257