## MEASLES IS EXTREMELY CONTAGIOUS

- Measles outbreaks are happening in the US and Europe. Due to international travel, imported cases are expected in Manitoba.
- 90% of susceptible people who have been exposed to measles get sick from the virus.
- 20% of those who get sick will be hospitalized.
- It can spread through the air in public spaces even if you have not been in close contact with anyone.

## PROTECT YOURSELF

- Make sure your family is vaccinated with the measles vaccine, especially if you plan to travel.
- It's the best way to protect yourself, your children and your community.

## CALL YOUR HEALTH CENTRE ABOUT GETTING VACCINATED.