

Our Vision

Accessible, respectful, inclusive and safe healthcare for everyone.

Our Mission

We provide healthcare in a way that grows trust, inclusion and an understanding of patient needs to provide the best patient experience. We do that through people centered care and supporting our staff in a respectful, culturally safe environment.

We are committed to meaningful partnerships with Indigenous partners, government agencies and other healthcare organizations as we strive to bring timely, equitable access to healthcare for the North.

Our Values

Trust. Respect. Integrity.
Compassion. Humility



NORTHERN
HEALTH REGION

Northern Health Region Indigenous Health Services

Indigenous Liaisons

Flin Flon 204-687-9338
The Pas 204-623-9248
Thompson 204-778-1459 or 204-677-5396

Indigenous Elders & Knowledge Keepers

Flin Flon 204-687-9361
The Pas 204-623-6431
Thompson 204-778-1854

Complaints, Concerns or Compliments?

The Northern Health Region is committed to improving your experience with the health care system. Tell us if you have concerns or suggestions for improvement. Your input will help us do a better job. Every call to our Patient Experience Representatives gets prompt, individual attention. An Indigenous Experience Representative is available by request to provide culturally safe support.

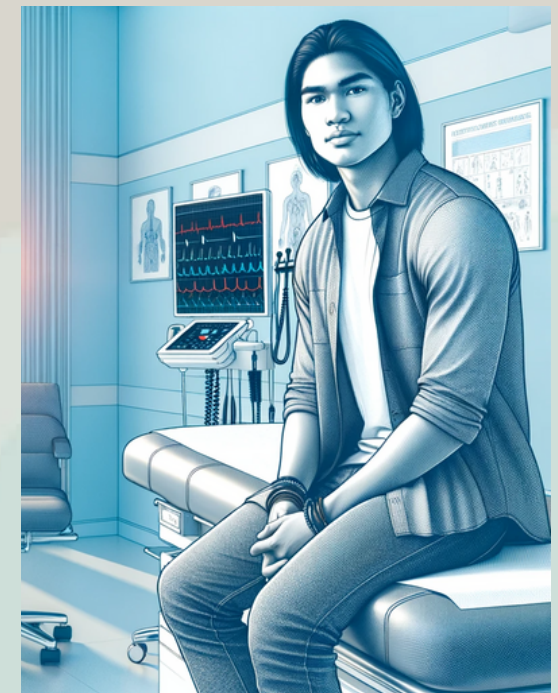
Patient Experience

Box 340
Flin Flon General Hospital
3rd Avenue & Church St.
Flin Flon, MB R8A 1N2
Telephone: (204)-687-9320
Toll-free: 1-888-340-6742
patientexperience@nrha.ca
Website: www.northernhealthregion.ca



NORTHERN
HEALTH REGION

Indigenous Health Resources to Support Our Community



Supports & Resources

NHR Community Mental Health Access:

Child & Adolescent Mental Health Services,
Adult Community Mental Health Services.
Contact the Mental Wellness & Recovery
Intake Clinician:

The Pas & Area: 204-623-9650

Flin Flon & Area: 204-687-1350

Thompson & Area: 204-677-5350

Klinik Crisis Line: (24/7)

Language Interpretation

Services available upon request.

<https://klinik.mb.ca/crisis-support>

1-888-322-3019

Manitoba Suicide Prevention & Support

Line: (24/7) <https://reasontolive.ca>

1-877-435-7170

Manitoba Farm, Rural & Northern Support Services (MFRNSS):

<https://supportline.ca/northern/>

Mon-Fri, 10am to 9pm

1-866-367-3276

Rainbow Resource Centre: Free email,
phone & virtual counselling for members
of the 2SLGBTQ+ community,
as well as their families, partners,
friends & loved ones.

Mon-Thurs 10am-5pm, Friday 1-5pm

1-855-437-8523

Indigenous Specific Resources

HOPE For Wellness Line: Speak to a
counselor or request services in Cree,
Ojibway, Inuktitut, English & French. 24/7.

1-855-242-3310 or

online chat www.hopeforwellness.ca

Residential School Crisis Line:

Support & Crisis services 24/7

1-866-925-4419

60s Scoop Peer Support Line:

Listening & support services

8am-8pm.

1-866-456-6060

Manitoba Metis Federation Mental Wellness Line:

for all MMF citizens, if you have anxiety,
depression, isolation, addiction or family
issues. 7am-11pm.

1-833-390-1041

Missing & Murdered Indigenous Women Support Line:

Support to family & friends who
are impacted by the loss of a missing or
murdered Indigenous woman, girl or
Two-spirit person.

Service available in Cree, Ojibway, Inuktitut,
English & French. 24/7

1-844-413-6649

Federal Indian Day Schools Health

Support Services: Health support
services for individuals affected by the
trauma associated with their
attendance at an historic Federal
Indian Day School. Manitoba:

1-866-818-3505

Kids Help Phone: Indigenous people
can connect with an Indigenous
volunteer crisis responder, when
available, by messaging FIRST NATIONS,
INUIT or METIS to **686868** for young
people and **741741** for adults
Or call **1-800-668-6868**

Keewatin Tribal Council (KTC):

Barren Lands, Bunibonibee, Fox Lake,
God's Lake, Manto Sipi, Northlands,
Sayisi Dene, Shamattawa, Tataskweyak,
War Lake, and York Factory Crisis On-
Call: **204-307-1905** or **204-307-0118**

KTC Mental Wellness Team:

204-677-7410

Opaskwayak Health Authority (OHA):

Marcel Colomb, Mathias Colomb,
Mosakahiken, Opaskwayak,
Sapotaweyak, Misipawistik Cree Nation,
and Wuskwi Sipiik. **204-627-7410**

Crisis Line after hours: 204-623-0519

MKO Mobile Crisis Response Team:

Sharing circles, counselling, grief &
loss support, referrals, & more

1-844-927-5433