



## Foot Care Providers

Here is a list of some foot care providers that offer services such as:

- Toenail/fingernail clipping
- Treatment of corns, calluses, ingrown toenails, fungus, warts, dry skin and more.

Some insurance plans (for example, Blue Cross) may provide coverage for foot care services. Additionally, veteran's may be able to claim this expense through the Department of Veterans Affairs (DVA). Please check your insurance plan and discuss it with the foot care provider prior to making an appointment.

For those who are able to travel to different locations in the city and do not have extended insurance plans, you may be able to access foot care programs free of charge through organizations such as:

- Age & Opportunity (phone: 204-956-6440)
- Nor' West Co-op (phone: 204-633-5955).

For additional names and numbers, please refer to the yellow pages under *Foot Care-Nursing* or *Foot Care-Specialists*.

Please note: The following companies are not necessarily endorsed by your Occupational Therapist or the WRHA.. This is not an exhaustive list.

***This list is taken from the Manitoba Association of Foot Care Nurses. For the most updated information, or for information for other regional health authorities, please visit <https://mafcn.ca/find-a-nurse/>***

| Company                              | Contact        | Phone Number                 | Location  |
|--------------------------------------|----------------|------------------------------|---|
| <b>A Corny Foot FootCare</b>         | Stacey Frost   | 204-691-2676                 | Winnipeg  |
| <b>All for Feet</b>                  | Susan Wakeham  | 204-771-9652                 | St. James, Crestview, Westwood, Charleswood, River Heights, Wolseley, Tuxedo, Linden Woods, Whyte Ridge, Inkster, Maples, Garden City |
| <b>Alter Footcare.com</b>            | Walter Yamniuk | 204-510-2169                 | Winnipeg, Headingly, East & West St. Paul   |
| <b>Amy's Mobile FootCare</b>         | Michele Amy    | 204-474-2585                 | Winnipeg  |
| <b>A Step in Time</b>                | Brenda Grom    | 204-509-1817                 | Headingly, Tuxedo, Charleswood, Linden Woods, Whyte Ridge, Westwood, Crestview, River Heights   |
| <b>Assure Step</b>                   | Karen Dingman  | 204-996-2376 or 204-736-3164 | South Winnipeg, Southwest Winnipeg, La Salle, Sanford, Starbuck, Oakbluff   |
| <b>Bees Knees Footcare</b>           | Nancy Doerksen | 204-996-6037                 | Beausejour, Oakbank, Winnipeg, Morris, Selkirk  |
| <b>Blue Orchid Nursing Foot Care</b> | Tracy Roberts  | 204-226-0251                 | Fort Garry, Linden woods, Whyte Ridge, River Heights, Charleswood   |
| <b>Canak Mobile Foot Care</b>        | Dragan Canak   | 204-334-4700                 | North, West & East Kildonan, Elmwood, Garden City, Inkster, North End, Maples, Amber Trails, River Bend                               |

|   |                    |                              |   |
|---|--------------------|------------------------------|---|
| <b>Feet First Nursing Foot Care</b>       | Catherine Napier   | 204-293-6026                 | Winnipeg  |
| <b>Foot Care for Seniors</b>              | Lori Wuerch        | 204-837-6629                 | Winnipeg  |
| <b>Foot Prince Professional Foot Care</b> | Gregory Nyobole    | 204-960-5108                 | Winnipeg (Garden City/Maples and area)  |
| <b>Foot Vibes Footcare</b>                | Leanne Maes        | 204-771-4030                 | Winnipeg and surrounding areas southwest  |
| <b>Heart &amp; Sole Foot Care</b>         | Twyla Jaworski     | 204-832-5877                 | Westwood, St. James. Creekside Physiotherapy Clinic (204-832-6603) & Sage Creek Physiotherapy Clinic (204-253-6768) |
| <b>Heather's Happy Feet</b>               | Heather Dyck       | 204-269-6189                 | St. Norbert, Fort Richmond, Fort Garry  |
| <b>Irma's Foot Care</b>                   | Irma Charney       | 204-261-8536                 | South Winnipeg  |
| <b>La Vida Foot Care</b>                  | Vida Faustino      | 204-509-8182                 | Winnipeg – St. James, Charleswood, Westwood, St. Charles, Headingley, Kenaston, Linden Wood                         |
| <b>Lily's Footcare</b>                    | Lilibeth Clabria   | 204-880-3265                 | Winnipeg  |
| <b>Reid Mobile Foot Care Services</b>     | Kellee Reid        | 431-999-feet (3338)          | Will travel as needed   |
| <b>RPS Footcare Services</b>              | Lynda Seewald      | 204-253-5375<br>204-795-4284 | South east Winnipeg   |
| <b>Soothing Soles Mobile Foot Care</b>    | Breanne Verstraete | 204-223-8760                 | Rivereast, North Kildonan, Transcona, St. Boniface, Seven Oaks, Inkster. Will travel as needed.                     |
| <b>Tender Spots Mobile Foot Care</b>      | Mary Lou Chubaty   | 204.837.7019                 | Tuxedo, Charleswood, Lindenwoods, St. James   |
| <b>The Foot Nurse</b>                     | Cheryl Neufeld     | 204-223-9818                 | St. Vital, Fort Richmond, Fort Gary   |
| <b>Tingley Toes by Martha</b>             | Martha Cinch       | 204-955-9134                 | Winnipeg  |
| <b>Tip Toe Foot Care Services</b>         | Sandra Bird        | 204-475-5981                 | Fort Garry, Fort Richmond, River Heights, St. James, St.Vital, Charleswood, St.Boniface                             |
| <b>Total Toes Footcare Services</b>       | Mona Teresa Calvo  | 204-951-1724                 | Maples, Garden City, Amber Trails, St. James, West End, Riverbend, Inkster, Northend, West end, North Kildonan      |
| <b>Two Soles Footcare</b>                 | Caroline Bogovic   | 204-997-2520                 | Winnipeg, Selkirk, East & West St. Paul   |
| <b>Walk Easy Foot Care</b>                | Lori Chartrand     | 204-943-7239                 | Seven Oaks, Inkster and North Kildonan  |

