

Stick it to the Banana

Variety of fruit (strawberries, cantaloupe, honeydew, kiwi, grapes, mandarin oranges, canned pineapple)

Step 1. Wash the apples, oranges and bananas.

Step 2. Peel the oranges and bananas.

Step 3. Cut up fruit into large bite-size chunks.
Place prepared fruit in separate bowls.

Step 4. Slide chunks of fruit onto the skewers.

Step 5. Dip fruit kabob into the yogurt.

