



HOPE NORTH
RECOVERY CENTRE FOR YOUTH
1-866-242-1571

NOTICE TO THE PUBLIC

Hope North Recovery Centre for Youth Services Are Available

Mobile Crisis Team

Accessible: 12:00 noon—12:00 midnight, **SEVEN DAYS A WEEK, 8:30am-4:30pm Monday-Friday**

For triage and follow up services

- ◆ Staff will respond to requests for assessment, consultation, or support regarding a youth in crisis due to a mental health problem, suicide or substance misuse concern.

Services are available to:

- ◆ Youth aged 17 and younger living in Northern Manitoba.
- ◆ Caregivers and/or agencies concerned about a youth in crisis.

Telephone and/or Telehealth Service

- ◆ Available to Northern Health Region communities.

Programs & Services

Mobile Crisis Team

Mobile Crisis is the first point of entry to Hope North Recovery Centre and also provides community based services.

Call: 204-778-1472

Toll Free: 1-866-242-1571

Crisis Stabilization Unit

The Crisis Stabilization Unit provides short-term, community-based supportive care and services for individuals in psychiatric or psychosocial crisis. Referrals are welcome from parents/guardians, caregivers, mental health-care professionals, service providers and other concerned individuals. The CSU provides a safe environment for youth to take a break from current life circumstances, where they'll receive support, encouragement and skills to improve quality of life.

Youth Addictions Stabilization Unit

Provides short-term support to caregivers with a child/youth 17 years of age and under who is misusing substances, where the use is severe and there is concern of risk and harm if intervention does not occur.

Youth Addictions Services Centralized Intake

1-877-710-3999

Additional Resources:

Other Helpful Phone Numbers: (Call 24 hours a day, 7 days a week)

MB Suicide Line: 1-877-435-7170, Klinik Crisis Line: 1-888-322-3019 Kids Help Phone: 1-800-668-6868,

Or text TALK to 686868