

Diabetes Month Presents KETOGENIC DIET: *IS IT RIGHT FOR YOU?*



Join Us!

As we discuss the pros and cons of the ketogenic diet with your local dietitian and what this means for your health.

Location: The Pas Primary Health Care Centre

Date: November 13, 2019

Time: 12pm & 6pm

Location: Flin Flon Primary Health Care Centre

Date: November 21, 2019

Time: 12pm

(sessions are approximately 45 minutes long)

Snacks will be provided



**NORTHERN
HEALTH REGION**

For more information or to register, please contact:

Oribim Kingson, RD

Diabetes Educator Dietitian

Tel: The Pas (204) 623-9686 or in Flin Flon (204) 687-1350